

St. Colman's College Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Start	Selection of Hot breakfast options served daily from the following: Grilled bacon, Traditional Butcher's Sausage, tomatoes, hash browns, sauté mushrooms, baked beans & scrambled or boiled free range eggs. Red Meat Free Wednesday will have a selection of the above minus Grilled Bacon & Sausages				
	Grab & Go Breakfast At the Café Bar Bacon or Butcher's Sausage Filled Soda or Bap, Ham & Cheese Jambons, Hot Sausage Rolls				
Porridge Station @ the Café Bar	Freshly Made Porridge using Whites jumbo oats with a choice of brown sugar, Golden Syrup, Assorted berries or Sultanas				
Cold Start	Potted fresh fruit salad Potted mixed grapes Potted chopped mixed melon Potted chopped sweet pineapple Potted layered granola yoghurt				
Bakery and Toasting Station	Thick Cut White, Thick Cut Granary Wheaten Bread and Soda Farl Croissants, Breakfast Muffins, Homemade Pancakes Flora, Robertson's Preserves, Marmalade, Marmite				