



Lunch	Monday	B Healthy Day Tuesday	RED MEAT FREE DAY Wednesday	B Healthy Day Thursday	Friday
Soup	Traditional Vegetable Broth	Carrot & Coriander	Cream of Celery	Leek & Potato	Traditional Vegetable Broth
From the Café	Daily selection of freshly made Salads and Protein Pots, Hot Panini's, Ciabatta & freshly prepared Sandwiches & Wraps				
Meal of the day £2.05	Meatball Marinara served with Noodles	Grilled Pork Loin with fresh parsley, lime & chilli glaze served with veg & potatoes	Chicken Curry Served with Braised Rice	Stuffed Chicken & Bacon served with veg & potato	Oven Baked Breaded Cod Lemon Mayonnaise served with mushy peas & potatoes
Main Dish only £1.70	Chicken & Leek Pie Topped with Creamed Potato	Spicy Chicken Fajita chicken oven baked in light spices served with lettuce & tomato in a tortilla wrap	Chargrilled Chicken Fillet in a floury bap with chunky coleslaw	Pulled Pork in a tangy BBQ sauce served in ciabatta	Grilled Steak Burger Served in a Floury Bap
Healthy Choice £1.85	Tuna Pasta Bake Flaked tuna in a bechamel sauce with pasta shells & topped with cheese	Roast Vegetable Pasta Bake Roasted vegetables in a cream sauce topped with breadcrumbs	Chilli Chicken Pasta Diced fillet of chicken in a chili tomato sauce with penne pasta	Pasta Italiano Tri colour pasta spirals in a Italian herb sauce	Chicken Tikka Pasta
Snack	Spring Rolls Baked & served with Sweet Chilli Dip	Homemade Salmon & Dill Fishcake	Baked Potato Stuffed with Tuna & Red Onion	Fully Loaded Veggie Pizza	Jumbo Sausage Roll
Sides	Baby Boiled Potatoes Garden Peas Baby Carrots	Champ Chipped Potatoes Braised Cabbage Green Beans	Mashed Potato Thick Cut Chips Turnip / Peas	Oven Baked Spicy Potato Wedges Creamy Coleslaw Green Salad	Mashed Potato Mushy Peas Glazed Carrots Chips
Dessert	Apple Tart & Custard	Rice Pudding & Steamed Fruit	Cornflake Tart & Custard	Iced Jam Sponge & Custard	Fruit Crumble & Custard

CHILLED DRINKING WATER IS AVAILABLE THROUGHOUT LUNCH SERVICE