



Lunch	Monday	B Healthy Day Tuesday	RED MEAT FREE DAY Wednesday	B Healthy Day Thursday	Friday
<b>Soup</b>	Traditional Vegetable Broth	Tomato & Roasted Pepper	Traditional Vegetable Broth	Cream of chicken	Traditional Vegetable Broth
<b>From the Café</b>	Daily selection of freshly made Salads and Protein Pots, Hot Panini's, Ciabatta & freshly prepared Sandwiches & Wraps				
<b>Meal of the Day £2.05</b>	<b>Savoury Chicken Crumble</b> Diced Chicken in a white sauce with a savoury crumble top served with veg & potato	<b>Roast Chicken</b> with Wholemeal Stuffing served with veg & potato	<b>Traditional Vegetable Curry</b> served with Saffron Rice	<b>Creamy Peppered Beef</b> Diced lean beef in a creamy peppercorn sauce served with Boiled Rice	<b>Oven Baked Breaded Fish</b> served with veg & potatoes
<b>Main Dish only £1.70</b>	<b>Baked Gammon Steak</b> with Pineapple Ring	<b>Breaded Oven Baked Chicken Goujons</b> Served with a Sweet Chilli Dip	<b>Freshly Breaded Chicken Kiev</b>	<b>Chicken &amp; Ham Pie</b> Diced chicken & baked ham in a white sauce topped with puff pastry	<b>Lasagne au Gratin</b> Lean mince beef with vegetables, layered with sheets of pasta & cheese sauce
<b>Healthy Option £1.85</b>	<b>Macaroni Cheese</b>	<b>Tomato &amp; Basil Pasta Bake</b> with cheesy topping	<b>Chicken &amp; Root Vegetable Casserole</b>	<b>Pasta Carbonara Tagalattelli</b> tossed in a bacon & cream sauce	<b>Chicken &amp; Broccoli Bake</b> Tender pieces of chicken & broccoli in a cheese sauce topped with potato
<b>Snack of the Day</b>	<b>Beef Sausage Roll</b> Served with Baked Beans	<b>Homemade Scotch Egg</b>	<b>Jumbo Fish Finger Bap</b>	<b>Pizza Slice</b> with various toppings	<b>Dressed Chicken Burger</b> served in bap
<b>Sides</b>	Baby Boiled Potatoes Chipped Potatoes Baked Beans Honey Glazed Carrots	Champ Braised Cabbage Sweet corn	Mashed Potato Garden Peas Mixed Green Salad Baked Herb Diced Potatoes	Creamed Potato Green Beans Carrots Chips	Mashed Potato Baked Spicy Potato Wedges Garden Peas
<b>Dessert</b>	Chocolate Cake & Custard	Jam Sponge & Custard	Creamed Rice Pudding with Jam Sauce	Chocolate Cake & Custard	Apple Crumble & Custard

CHILLED DRINKING WATER IS AVAILABLE THROUGHOUT LUNCH SERVICE