| Week Commencing | Menu Week No. |
| :---: | :---: |
| 22nd October 2018 | week 4 |
| 5th November 2018 | week 1 |
| 12th November 2018 | week 2 |
| 19th November 2018 | week3 |
| 26th November 2018 | week4 |
| 3rd December 2018 | week1 |
| 10th December 2018 | week2 |
| 17th December 2018 | week3 |
| 7th January 2019 | week4 |
| 14th January 2019 | week1 |
| 21st January 2019 | week2 |
| 28th January 2019 | week3 |
| 4th February 2019 | week4 |
| 11th February 2019 | week1 |
| 25th February 2019 | week2 |
| 4th March 2019 | week3 |
| 11th March 2019 | week4 |
| 18th March 2019 | week 1 |
| 25th March 2019 | week2 |
| 1st April 2019 | week3 |
| 8th April 2019 | week4 |
| 15th April 2019 | week1 |
| 29th April 2019 | week2 |
| 6th May 2019 | week3 |
| 13th May 2019 | week4 |
| 20th May 2019 | week1 |
| 27th May 2019 | week 2 |

